

First Aid

When we gather at Krigslive to be physically active, party, and enjoy camp life for three days, it's inevitable that minor and sometimes more serious incidents will occur, requiring some form of attention or first aid.

As organizers, we have taken various steps to ensure that all participants can feel safe attending Krigslive.

First Aid Crew and Safety Hosts

There will be trained first aid responders from the Red Cross present at the following times during Krigslive:

Thursday: 1:00 PM – 6:00 PM

Friday: 08:00 AM – 6:00 PM

Saturday: 08:00 AM – 6.00 PM

These times match the battle blocks.

During these periods, the responders are responsible for both physical and psychological first aid. If you are injured or need a safety host during these hours, you should contact them. The responders will be in radio contact with the general staff, so in the event of a serious incident where someone cannot move themselves to the responders, they can be called through the staff.

When responders are not present, units are responsible for managing situations themselves. However, the staff must always be contacted in case of serious incidents. We will also have volunteer safety hosts at the afterparty on Saturday from 9.00 PM to 02.00 AM.

Equipment

We encourage all units to bring their own first aid kit and fire extinguisher.

There will also be a first aid kit, fire safety equipment, etc., in each camp at a central and clearly marked location. This location will be pointed out during the briefing.

Emergency Room

If a participant needs to go to the hospital without an ambulance, the unit is responsible for transporting and accompanying the person as necessary.

If an ambulance is required, it is important that the staff is informed once the ambulance has been called.

Participants Under 18

If a player under 18 is injured, their designated responsible adult must stay with them. It is the responsible adult's duty to contact the player's parents as soon as the situation is under control. If the young player needs to go to the hospital, the responsible adult must accompany them unless another agreement is made with the parents.

What You Should Do

In the event of an accident, always follow this model:

1. Stop the accident and ensure safety
2. Assess the person (provide life-saving first aid if needed. Call 112 if necessary)

3. Call for help (other players, staff, first aid responders, or 112)
4. Provide first aid

More info: [Red Cross First Aid Guide \(in Danish\)](#)

Levels of Injury

Below, we outline different levels of injury, how to respond, and who to contact. These are examples—each situation should be assessed individually, and it's important to use your common sense and act accordingly.

Severe Physical Injuries

Examples: Broken arms/legs, unconsciousness due to head injury, serious falls, eye trauma, severe blows to the back/neck/head, risk of alcohol poisoning, etc.

1. Stop the accident and follow the 4 steps above.
2. Call 112. The responder will guide you through questions to assess the situation. The address is: Parcelgårdsvej 14A, 4200 Slagelse
3. Contact our local first aid responders and staff.
Note: If a spinal or neck injury is suspected, do not move the person!

Moderate Physical Injuries

Examples: Fainting (not from head trauma), sprains, muscle tears, heatstroke, etc.

Seek help from first aid responders. If they are not available and your unit cannot handle it, go to the staff and ask for help.

Minor Physical Injuries

Examples: Small cuts and scrapes, blisters, minor swelling, bee stings, etc.

These should be managed by the players and their unit.

Serious Psychological First Aid

Examples: Signs of depression, being exposed to or witnessing serious transgressive behavior, etc.

Seek help from first aid responders. If they are not available and your unit cannot handle the situation, go to the staff and ask for help.

Minor Psychological First Aid

Examples: Heartbreak, homesickness, etc.

These should be managed by the players and their unit.